

experience improve  
support practice assist  
**Counseling**  
advice customize focus help care  
encourage individualize comfort guidance  
**Psychology**  
therapy specialize advocate direction  
encounter knowledge

# News from Counseling Psychology

Delaware Valley College

Spring 2013



## Welcome Our Newest Faculty Member

Dr. Matthew Mutchler will be joining Del Val for the start of the Fall 2013 semester!

Dr. Mutchler is a Licensed Marriage and Family Therapist (LMFT) and holds Master's and Doctoral degrees in Human Development and Family Studies with specializations in Couple and Family Therapy.

In his teaching, Dr. Mutchler

strives to relate course material to students' past experiences, current lives, and future goals.

His research focuses on counselor development and self-efficacy, ethical dilemmas, and developing methods to work conjointly with divorced or separated parents.

Dr. Mutchler also maintains a small private practice as part of

the Center for Psychology and Counseling in Doylestown.

Outside of his professional life, Dr. Mutchler can be found volunteering for his sons' baseball teams, karate studio, and at the Philadelphia Folk Festival.

In the Fall 2013 semester, Dr. Mutchler will be teaching classes on theories, measurement, and behavior modification.

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## Students and Faculty Voyage to Europe

Barb Krier, Krista Shafer, and Sarah Stout joined Drs. Allison Buskirk-Cohen and Audrey Ervin on a European voyage in May.

They sailed aboard the Semester-at-Sea ship, the MV Explorer, and traveled to seven countries in two weeks.

Highlights of their trip included hiking along Giant's Causeway in Northern Ireland, the eighth wonder of the world; touring Radboud University's famous research laboratory in The Netherlands; and making inter-

national friends.

While aboard the ship, the group participated in workshops led by international experts in a variety of fields. For Stout, hearing these experts "speak about topics they are so passionate about really opened up my mind to how much more is out there in the world."



## Making a Difference

Students in Adolescent Psychology designed their own final project- the entire class has decided to educate the campus on commercial sexual exploitation (CSE) and organize a benefit for NOVA- the Network of Victim Assistance.

The class divided themselves into three teams: education, volunteering, and donations.

The education team brought three speakers to campus on April 29th. They discussed their experiences with CSE and gave

practical information on how to report a problem.

The volunteering team worked at NOVA's thrift shop in Doylestown, which benefits the organization.



The donations team organized a clothing drive that gathered over 700 items!

## Smiling for a Great Cause

Led by Counseling Psychology students Barb Krier and Sarah Stout, Del Val's Smile Station is making a difference in people in long-term care.

The program matches students with residents so that they have regular visitors. These visits combat the loneliness and isolation that some



residents may experience. The program continues to grow and bring more smiles.

## Graduates Next Steps

Another class of graduates said "Farewell" to Del Val this May.

Alyssa Dhawan, Ashley Grove, Heather Haas, Hannah Lee, Maggie Levicoff, Sarah Johnson, Shannon Parker, Carly Quirk, Heather Rivardo, and Meagan Sambuca completed their undergraduate studies.

About half of the class will continue their studies in graduate programs, while the others are beginning exciting careers in the field.

Several students will be joining our new master's program this Fall. Heather Haas and Alicia Orsino (psychology minor) will be part of our new graduate class!

## Master's Program Begins Fall 2013

Del Val proudly welcomes the first class of graduate Counseling Psychology students!

These students will be working towards a Master of Arts degree (M.A.) in Counseling Psychology. They will specialize in either Social Justice Community Counseling or Child and Adolescent Therapy.

Students also select to follow a curriculum of 48 credits or one of 60 credits, depending on their professional and personal goals.

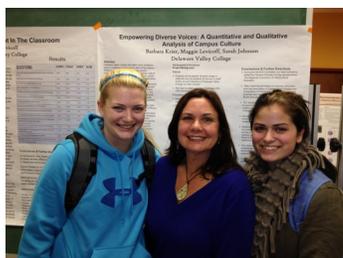
This program prepares culturally competent mental health practitioners to engage in therapy, counseling, outreach, advocacy, and research.

Classes will be offered Monday through Thursday evenings, with most courses being taught in a traditional, face-to-face classroom setting. Some theory-based classes may be offered in a hybrid format, which includes some online work for increased flexibility in scheduling.

Dr. Audrey Ervin serves as the Academic Program Director for the program.

Ms. Terry Jackson joins Del Val as the Director of Administration for Policy Studies and Counseling Psychology. She comes to us from the LaSalle University where she served most recently as the director of Graduate and Adult Programs and also as the former director of the MBA program.

For more information on this program, please see Del Val's website or contact Ms. Pam Heffner at 215.489.4469. Faculty and directors are available for in-person meetings. They can be found on the 3rd floor of Lasker Hall.



Students in Counseling Psychology presented the results of their independent research projects to the campus community at the conclusion of the Spring semester.

## Student Research Impresses Campus

Barb Krier worked under the guidance of Dr. Audrey Ervin on a project investigating marginalized groups on campus. Krier's work illustrated how the climate has improved on overt racism, sexism and bias towards sexual minorities. Krier's study also demonstrated that there is still work to be done, particularly on gender bias.

Graduating senior, Maggie Levicoff presented qualitative data on student perceptions of teaching effectiveness. Dr. Allison Buskirk-Cohen supervised her work. Levicoff's study highlighted the role of classroom atmosphere, management of group projects, and ability to communicate material in a variety of ways.

"I'm so proud of the work our students have done," Dr. Buskirk-Cohen said. "Their projects make important contributions to our community."

Each semester students have the opportunity to enroll in this independent research course. For additional information, please speak with your advisor.